

# ACUPUNCTURE FOR FERTILITY AND IVF SUPPORT

## with Paul Johnson



Accredited by the **Acupuncture Fertility Network (AFN)**

This two-day seminar will review both the Western medical and TCM understanding of the menstrual cycle, and will cover ways of boosting natural fertility and supporting IVF with acupuncture. It will look at troubleshooting so-called 'unexplained' infertility, an area where TCM can be of great benefit. This seminar will also cover all the Western medical jargon and test results that you need to understand to be able to speak to your patients with confidence. Case studies will be used to consolidate learning.

**Attendees of this course are eligible for membership of the Acupuncture Fertility Network (AFN).**

**Venue:** The City College of Acupuncture, University House, 55 East Road, London N1 6AH

**Date:** Saturday 16th and Sunday 17th November 2019, 9.30 – 5.00

**Cost:** £190

### Day 1:

- Defining Infertility
- Western Medical Review of the Menstrual Cycle
  - Common Tests, and an Introduction to Understanding Test Results
- TCM Review of the Menstrual Cycle
- TCM Infertility Patterns
- Using a BBT Chart to Aid Diagnosis
- The Emotional Impact of Infertility
  - The Importance of Treating the Heart
  - Cortisol – 'Pregnancy Stress Syndrome'?
- Preconception Care and Advice
  - Natural Ways to Boost Fertility
  - How to Plot Fertile Days

### Day 2:

- ART Facts and Figures
- Predicting Ovarian reserve
- ART Terminology, Medications and Protocols
  - IVF 21Day Cycle Overview
  - Flare Overview
- How To Combine Acupuncture and IVF
  - Pre IVF Care
  - During IVF Care
  - The Paulus Protocol
  - Waiting for the Pregnancy Test
- The Safe Use of Acupuncture and Herbs During ART
- Ovarian Hyperstimulation Syndrome (OHSS)
- Recurrent Implantation Failure (RIF) in ART
- The Treatment of Male Infertility/ Sub fertility

### Previous attendees say:

- "A relaxed and friendly deliverance of the material made it possible for people to contribute without feeling ignorant about the subject."
- "I had little knowledge of IVF protocols etc. previously so I am a hundred times more confident to tackle the terminology and procedures now."
- "I particularly liked the discussions concerning experiences of the other course participants and additional information they added to the detailed course notes."

**Paul Johnson LicAc, MBACc, LicOHM, MRCHM, BA (Hons), PGCertLTHE, AHEA, AFN** wrote "**Creating a New Life: the Uterus is the Second Heart**" in the Spring 18 issue of *Acu*. He has taught acupuncture for 18 years and specialises in treating infertility and offering IVF support. [www.fertilitysurreyacupuncture.co.uk](http://www.fertilitysurreyacupuncture.co.uk)

**Please email [pauljohnsonacupuncture@gmail.com](mailto:pauljohnsonacupuncture@gmail.com)  
to confirm your place, and then post the booking form below**

## 'ACUPUNCTURE FOR FERTILITY AND IVF SUPPORT' BOOKING FORM

**Venue:** The City College of Acupuncture, University House, 55 East Road, London N1 6AH  
• 5 minute walk from Old Street Tube Station

**Date:** Saturday 16th and Sunday 17th November 2019, 9.30 – 5.00

**Cost:** £190

Your name:

Your address:

Your email:

Mobile number (in case there is a problem on the day):

If you require a receipt, whom should it be made out to?

Please make your cheque payable to **Paul Johnson** and send it to

Paul Johnson  
Braefoot  
1 Woodside Close  
Chiddingfold  
Surrey GU8 4RH

*Alternatively contact Paul directly to send him your details and arrange a bank transfer*

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### **Cancellation Policy:**

- Refunds: 100% up to 14 days prior to seminar. 50% thereafter
- I reserve the right to cancel the seminar, in which case you will receive a full refund within 3 weeks of notification of cancellation

### **For more information, contact**

- Paul Johnson 01428 683 460
- [pauljohnsonacupuncture@gmail.com](mailto:pauljohnsonacupuncture@gmail.com)